



**NEW MOMS**  
HOMES · JOBS · STRONG FAMILIES



**Pillars Community Health**  
Healing. Caring. Educating.

OAK PARK OWL "LET'S TALK!"  
WORKSHOP SERIES

# LET'S TALK: TEACHING KIDS ABOUT CONSENT AND BODILY AUTONOMY

Oak Park OWL is joining with New Moms and Pillars Community Health to offer a sexuality education series aimed at parents and caregivers of kids 0-14.

What is the best way to educate your children about physical boundaries and consent? We will be discussing different ways you can help your children feel prepared and supported as they are confronted with new interpersonal challenges

#### Program Goals:

- Help your children feel confident asserting their bodily autonomy.
- Teach them that they are the only ones who have the right to their body.
- Let your children know you are a safe place to come to with concerns about their experiences.

**THURSDAY, APRIL 23RD |  
6:30-8:30 PM  
NEW MOMS OAK PARK, 206  
CHICAGO AVE, OAK PARK**

Free child care and food  
Please register at:  
<https://newmoms.org/op-workshops/>