



Oak Park Our Whole Lives

8/9th Grade Schedule Fall 2021

The class has 1 Family Information Meeting, 8 regular sessions, and 4 longer (3 hour) sessions.

Family Information Meeting (required, will meet on zoom):

Tuesday	9/14	6:30-8 pm
---------	------	-----------

Regular sessions:

Sunday	9/19-12/19 (No Class on 10/10, 10/31)	4:30-7:30 or 6-7:30 pm
--------	---------------------------------------	------------------------

All classes take place on Sunday evenings at Oak Park Friends School, located at 6300 Roosevelt Road, Oak Park.

FALL (8 th & 9 th)	Session	Time	Topics
9/19	Session 1	6-7:30 pm	Introductions and Sexual Language
9/26	Session 2	6-7:30 pm	Gender Roles and Stereotypes
10/3	Session 3	6-7:30 pm	Body Image, Media and the Internet
10/17	Session 4	4:30-7:30 pm	<ul style="list-style-type: none"> Anatomy Sex & Disability
10/24	Session 5	6-7:30 pm	Personal Concerns about Puberty
11/7	Session 6	4:30-7:30 pm	<ul style="list-style-type: none"> Sexual Orientation, Expression, and Identity Guest Panel from Community
11/14	Session 7	6-7:30 pm	Healthy Relationships
11/21	Session 8	6-7:30 pm	Relationship Skills <ul style="list-style-type: none"> Communication and Boundaries Bystander Responsibilities and Ally Strategies
11/28	Session 9	6-7:30 pm	The Why and How <ul style="list-style-type: none"> Lovemaking Consent Education

12/5	Session 10	6-7:30 pm	<ul style="list-style-type: none"> • STI prevention • Contraception • Safer Sex
12/12	Session 11	4:30-7:30 pm	Pregnancy, Parenting, and Unintended Pregnancy Options
12/19	Session 12	4:30-7:30 pm	Sexual Decision-Making <ul style="list-style-type: none"> • Redefining Abstinence (Othercourse) • Communicating With a Sexual Partner • Celebration and Farewell

Participants are expected to attend all sessions in order to build and maintain group trust and cohesion. We understand that the unexpected happens, but please plan to be there for every session.

*Covid policies: **Vaccinations required for all youth 12+**. All participants should be masked whenever they are in the building. All eligible people will be vaccinated. Please share with us if you or your child tests positive for covid. If there has been exposure we will pause the class and resume when it is safe to do so. Because of this, dates of the sessions are subject to change.*

Last modified on: 8/16/2021